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The moon and earth are in a whirling, pirouetting dance around the sun. Together they tour the sun once every year, at the same time whirling around each other once every 28 days. The moon also turns around once every 28 days so that she always shows the same face to her dancing partner, the earth. The prima donna earth doesn't return the compliment; she pirouettes once every day. This dance is held together by the force of gravity: every bit of the earth, moon, and sun is pulled towards every other bit of earth, moon, and sun. The sum of all these forces is *almost* exactly what's required to keep the whirling dance on course. But there are very slight imbalances between the gravitational forces and the forces required to maintain the dance. It is these imbalances that give rise to the tides.

The imbalances associated with the whirling of the moon and earth around each other are about three times as big as the imbalances associated with the earth's slower dance around the sun, so the size of the tides varies with the phase of the moon, as the moon and sun pass in and out of alignment. At full moon and new moon (when the moon and sun are in line with each other) the imbalances reinforce each other, and the resulting big tides are called *spring tides*. (Spring tides are *not* "tides that occur at spring-time;" spring tides happen every two weeks like clockwork.) At the intervening half moons, the imbalances partly cancel and the tides are smaller; these smaller tides are called *neap tides*. Spring tides have roughly twice the amplitude of neap tides: the spring high tides are twice as high above mean sea level as neap high tides, the spring low tides are twice as low as neap low tides, and the tidal currents are twice as big at springs as at neaps.

Why are there two high tides and two low tides per day? Well, if the earth were a perfect sphere, a smooth billiard ball covered by oceans, the tidal effect of the earth-moon whirling would be to deform the water slightly towards and away from the moon, making the water slightly rugby-ball shaped (figure 14.1). Someone living on the equator of this billiard-ball earth, spinning round once per day within the water cocoon, would notice the water level going up and down twice per day: up once as he passed under the nose of the rugby-ball, and up a second time as he passed under its tail. This cartoon explanation is some way from reality. In reality, the earth is not smooth, and it is not uniformly covered by water (as you may have noticed). Two humps of water cannot whoosh round the earth once per day because the continents get in the way. The true behaviour of the tides is thus more complicated. In a large body of water such as the Atlantic Ocean, tidal crests and troughs form but, unable to whoosh round the earth, they do the next best thing: they whoosh around the perimeter of the Ocean. In the North Atlantic there are two crests and two troughs, all circling the Atlantic in an anticlockwise direction once a

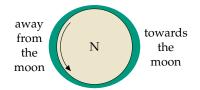


Figure 14.1. An ocean covering a billiard-ball earth. We're looking down on the North pole, and the moon is 60 cm off the page to the right. The earth spins once per day inside a rugby-ball-shaped shell of water. The oceans are stretched towards and away from the moon because the gravitational forces supplied by the moon don't perfectly match the required centripetal force to keep the earth and moon whirling around their common centre of gravity.

Someone standing on the equator (rotating as indicated by the arrow) will experience two high waters and two low waters per day.

Sustainable Energy – without the hot air

day. Here in Britain we don't directly see these Atlantic crests and troughs – we are set back from the Atlantic proper, separated from it by a few hundred miles of paddling pool called the continental shelf. Each time one of the crests whooshes by in the Atlantic proper, it sends a crest up our paddling pool. Similarly each Atlantic trough sends a trough up the paddling pool. Consecutive crests and troughs are separated by six hours. Or to be more precise, by six and a quarter hours, since the time between moon-rises is about 25, not 24 hours.

The speed at which the crests and troughs travel varies with the depth of the paddling pool. The shallower the paddling pool gets, the slower the crests and troughs travel and the larger they get. Out in the ocean, the tides are just a foot or two in height. Arriving in European estuaries, the tidal range is often as big as four metres. In the northern hemisphere, the Coriolis force (a force, associated with the rotation of the earth, that acts only on moving objects) makes all tidal crests and troughs tend to hug the right-hand bank as they go. For example, the tides in the English channel are bigger on the French side. Similarly, the crests and troughs entering the North Sea around the Orkneys hug the British side, travelling down to the Thames Estuary then turning left at the Netherlands to pay their respects to Denmark.

Tidal energy is sometimes called lunar energy, since it's mainly thanks to the moon that the water sloshes around so. Much of the tidal energy, however, is really coming from the rotational energy of the spinning earth. The earth is very gradually slowing down.

So, how can we put tidal energy to use, and how much power could we extract?

Rough estimates of tidal power

When you think of tidal power, you might think of an artificial pool next to the sea, with a water-wheel that is turned as the pool fills or empties (figures 14.2 and 14.3). Chapter G shows how to estimate the power available from such tide-pools. Assuming a range of 4 m, a typical range in many European estuaries, the maximum power of an artificial tide-pool that's filled rapidly at high tide and emptied rapidly at low tide, generating power from both flow directions, is about 3 W/m^2 . This is the same as the power per unit area of an offshore wind farm. And we already know how big offshore wind farms need to be to make a difference. *They need to be country-sized.* So similarly, to make tide-pools capable of producing power comparable to Britain's total consumption, we'd need the total area of the tide-pools to be similar to the area of Britain.

Amazingly, Britain is already supplied with a natural tide-pool of just the required dimensions. This tide-pool is known as the North Sea (figure 14.5). If we simply insert generators in appropriate spots, significant power can be extracted. The generators might look like underwater wind-



Figure 14.2. Woodbridge tide-pool and tide-mill. Photos kindly provided by Ted Evans.

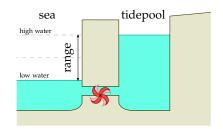


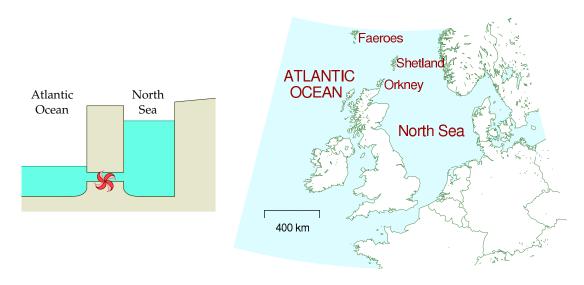
Figure 14.3. An artificial tide-pool. The pool was filled at high tide, and now it's low tide. We let the water out through the electricity generator to turn the water's potential energy into electricity.

tidal range	power density
2 m	1 W/m^2
4 m	3W/m^2
6 m	$7 \mathrm{W/m^2}$
8 m	13 W/m ²

Table 14.4. Power density (power per unit area) of tide-pools, assuming generation from both the rising and the falling tide.

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mills. Because the density of water is roughly 1000 times that of air, the power of water flow is 1000 times greater than the power of wind at the same speed. We'll come back to tide farms in a moment, but first let's discuss how much raw tidal energy rolls around Britain every day.

Figure 14.5. The British Isles are in a fortunate position: the North Sea forms a natural tide-pool, in and out of which great sloshes of water pour twice a day.

Raw incoming tidal power

The tides around Britain are genuine tidal waves – unlike tsunamis, which are called "tidal waves," but are nothing to do with tides. Follow a high tide as it rolls in from the Atlantic. The time of high tide becomes progressively later as we move east up the English channel from the Isles of Scilly to Portsmouth and on to Dover. The crest of the tidal wave progresses up the channel at about 70 km/h. (The crest of the wave moves much faster than the water itself, just as ordinary waves on the sea move faster than the water.) Similarly, a high tide moves clockwise round Scotland, rolling down the North Sea from Wick to Berwick and on to Hull at a speed of about 100 km/h. These two high tides converge on the Thames Estuary. By coincidence, the Scottish crest arrives about 12 hours later than the crest that came via Dover, so it arrives in near-synchrony with the next high tide via Dover, and London receives the normal two high tides per day.

The power we can extract from tides can never be more than the total power of these tidal waves from the Atlantic. The total power crossing the lines in figure 14.6 has been measured; on average it amounts to 100 kWh per day per person. If we imagine extracting 10% of this incident energy, and if the conversion and transmission processes are 50% efficient, the average power delivered would be 5 kWh per day per person.

This is a tentative first guess, made without specifying any technical



Figure 14.6. The average incoming power of lunar tidal waves crossing these two lines has been measured to be 250 GW. This raw power, shared between 60 million people, is 100 kWh per day per person.

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details. Now let's estimate the power that could be delivered by three specific solutions: tide farms, barrages, and offshore tidal lagoons.

Tidal stream farms

One way to extract tidal energy would be to build tide farms, just like wind farms. The first such underwater windmill, or "tidal-stream" generator, to be connected to the grid was a "300 kW" turbine, installed in 2003 near the northerly city of Hammerfest, Norway. Detailed power production results have not been published, and no-one has yet built a tide farm with more than one turbine, so we're going to have to rely on physics and guesswork to predict how much power tide farms could produce. Assuming that the rules for laying out a sensible tide farm are similar to those for wind farms, and that the efficiency of the tide turbines will be like that of the best wind turbines, table 14.7 shows the power of a tide farm for a few tidal currents.

Given that tidal currents of 2 to 3 knots are common, there are many places around the British Isles where the power per unit area of tide farm would be 6 W/m^2 or more. This power per unit area can be compared to our estimates for wind farms (2–3 W/m²) and for photovoltaic solar farms (5–10 W/m²).

Tide power is not to be sneezed at! How would it add up, if we assume that there are no economic obstacles to the exploitation of tidal power at all the hot spots around the UK? Chapter G lists the flow speeds in the best areas around the UK, and estimates that 9 kWh/d per person could be extracted.

Barrages

Tidal barrages are a proven technology. The famous barrage at La Rance in France, where the tidal range is a whopping 8 metres on average, has produced an average power of 60 MW since 1966. The tidal range in the Severn Estuary is also unusually large. At Cardiff the range is 11.3 m at spring tides, and 5.8 m at neaps. If a barrage were put across the mouth of the Severn Estuary (from Weston-super-Mare to Cardiff), it would make a 500 km² tide-pool (figure 14.8). Notice how much bigger this pool is than the estuary at La Rance. What power could this tide-pool deliver, if we let the water in and out at the ideal times, generating on both the flood and the ebb? According to the theoretical numbers from table 14.4, when the range is 11.3 m, the average power contributed by the barrage (at 30 W/m^2) would be at most 14.5 GW, or **5.8 kWh/d per person**. When the range is 5.8 m, the average power contributed by the barrage (at 8 W/m^2) would be at most 3.9 GW, or **1.6 kWh/d per person**. These numbers assume that the water is let in in a single pulse at the peak of high tide, and let out in a single pulse at low tide. In practice, the in-flow and out-flow would be spread over a few hours, which would reduce the power delivered a little.

	speed power density	
(m/s)	(knots)	(W/m ²)
0.5	1	1
1	2	8
2	4	60
3	6	200
4	8	500
5	10	1000

Table 14.7. Tide farm power density (in watts per square metre of sea-floor) as a function of flow speed. (1 knot = 1 nautical mile per hour = 0.514 m/s.) Copyright David JC MacKay 2009. This electronic copy is provided, free, for personal use only. See www.withouthotair.com.

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The current proposals for the barrage will generate power in one direction only. This reduces the power delivered by another 50%. The engineers' reports on the proposed Severn barrage say that, generating on the ebb alone, it would contribute 0.8 kWh/d per person on average. The barrage would also provide protection from flooding valued at about £120M per year.

Tidal lagoons

Tidal lagoons are created by building walls in the sea; they can then be used like artificial estuaries. The required conditions for building lagoons are that the water must be shallow and the tidal range must be large. Economies of scale apply: big tidal lagoons make cheaper electricity than small ones. The two main locations for large tidal lagoons in Britain are the Wash on the east coast, and the waters off Blackpool on the west coast (figure 14.9). Smaller facilities could be built in north Wales, Lincolnshire, southwest Wales, and east Sussex.

If two lagoons are built in one location, a neat trick can be used to boost the power delivered and to enable the lagoons to deliver power on demand at any time, independent of the state of the tide. One lagoon can be designated the "high" lagoon, and the other the "low" lagoon. At low tide, some power generated by the emptying high lagoon can be used to Figure 14.8. The Severn barrage proposals (bottom left), and Strangford Lough, Northern Ireland (top left), shown on the same scale as the barrage at La Rance (bottom right).

The map shows two proposed locations for a Severn barrage. A barrage at Weston-super-Mare would deliver an average power of 2 GW (0.8 kWh/d per person). The outer alternative would deliver twice as much.

There is a big tidal resource in Northern Ireland at Strangford Lough. Strangford Lough's area is 150 km²; the tidal range in the Irish Sea outside is 4.5 m at springs and 1.5 m at neaps – sadly not as big as the range at La Rance or the Severn. The raw power of the natural tide-pool at Strangford Lough is roughly 150 MW, which, shared between the 1.7 million people of Northern Ireland, comes to 2 kWh/d per person. Strangford Lough is the location of the first grid-connected tidal stream generator in the UK.

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pump water *out* of the low lagoon, making its level even lower than low water. The energy required to pump down the level of the low lagoon is then repaid with interest at high tide, when power is generated by letting water into the low lagoon. Similarly, extra water can be pumped into the high lagoon at high tide, using energy generated by the low lagoon. Whatever state the tide is in, one lagoon or the other would be able to generate power. Such a pair of tidal lagoons could also work as a pumped storage facility, storing excess energy from the electricity grid.

The average power per unit area of tidal lagoons in British waters could be 4.5 W/m^2 , so if tidal lagoons with a total area of 800 km^2 were created (as indicated in figure 14.9), the power generated would be 1.5 kWh/d per person.



Figure 14.9. Two tidal lagoons, each with an area of 400 km², one off Blackpool, and one in the Wash. The Severn estuary is also highlighted for comparison.

Beauties of tide

Totting everything up, the barrage, the lagoons, and the tidal stream farms could deliver something like 11 kWh/d per person (figure 14.10).

Tide power has never been used on an industrial scale in Britain, so it's hard to know what economic and technical challenges will be raised as we build and maintain tide-turbines – corrosion, silt accumulation, entanglement with flotsam? But here are seven reasons for being excited about tidal power in the British Isles. 1. Tidal power is completely predictable; unlike wind and sun, tidal power is a renewable on which one could depend; it works day and night all year round; using tidal lagoons, energy can be stored so that power can be delivered on demand. 2. Successive high and low tides take about 12 hours to progress around the British Isles, so the strongest currents off Anglesey, Islay, Orkney and Dover occur at different times from each other; thus, together, a collection of tide farms could produce a more constant contribution to the electrical grid than one tide farm, albeit a contribution that wanders up and down with the phase of the moon. 3. Tidal power will last for millions of years. 4. It doesn't require high-cost hardware, in contrast to solar photovoltaic power. 5. Moreover, because the power density of a typical tidal flow is greater than the power density of a typical wind, a 1MW tide turbine is smaller in size than a 1 MW wind turbine; perhaps tide turbines could therefore be cheaper than wind turbines. 6. Life below the waves is peaceful; there is no such thing as a freak tidal storm; so, unlike wind turbines, which require costly engineering to withstand rare windstorms, underwater tide turbines will not require big safety factors in their design. 7. Humans mostly live on the land, and they can't see under the sea, so objections to the visual impact of tide turbines should be less strong than the objections to wind turbines.

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Mythconceptions

Tidal power, while clean and green, should not be called renewable. Extracting power from the tides slows down the earth's rotation. We definitely can't use tidal power long-term.

False. The natural tides already slow down the earth's rotation. The natural rotational energy loss is roughly 3 TW (Shepherd, 2003). Thanks to natural tidal friction, each century, the day gets longer by 2.3 milliseconds. Many tidal energy extraction systems are just extracting energy that would have been lost anyway in friction. But even if we *doubled* the power extracted from the earth-moon system, tidal energy would still last more than a billion years.

Notes and further reading

page no.

- 82 *The power of an artificial tide-pool.* The power per unit area of a tide-pool is derived in Chapter G, p311.
- Britain is already supplied with a natural tide-pool ... known as the North Sea. I should not give the impression that the North Sea fills and empties just like a tide-pool on the English coast. The flows in the North Sea are more complex because the time taken for a bump in water level to propagate across the Sea is similar to the time between tides. Nevertheless, there are whopping tidal currents in and out of the North Sea, and within it too.
- 83 The total incoming power of lunar tidal waves crossing these lines has been measured to be 100 kWh per day per person. Source: Cartwright et al. (1980). For readers who like back-of-envelope models, Chapter G shows how to estimate this power from first principles.
- 84 La Rance generated 16 TWh over 30 years. That's an average power of 60 MW. (Its peak power is 240 MW.) The tidal range is up to 13.5 m; the impounded area is 22 km²; the barrage 750 m long. Average power density: 2.7 W/m². Source: [6xrm5q].
- 85 *The engineers' reports on the Severn barrage...say 17 TWh/year.* (Taylor, 2002b). This (2 GW) corresponds to 5% of current UK total electricity consumption, on average.
- 86 Power per unit area of tidal lagoons could be 4.5 W/m². MacKay (2007a).

	Tide: 11 kWh/d
	Wave: 4 kWh/d
	Deep offshore wind: 32 kWh/d
Food, farming,	Shallow
fertilizer:	offshore
15 kWh/d	wind:
	16 kWh/d
Gadgets: 5	Hydro: 1.5 kWh/d
Light: 4 kWh/d	Biomass: food,
	biofuel, wood,
	waste incin'n,
Heating,	landfill gas: 24 kWh/d
cooling:	24 K VV N/ d
37 kWh/d	
Jet flights: 30 kWh/d	PV farm (200 m ² /p): 50 kWh/d
	PV, 10 m ² /p: 5
Car:	Solar heating: 13 kWh/d
40 kWh/d	Wind: 20 kWh/d

Figure 14.10. Tide.